



### Do you know?

- ✓ Almost 20% children in Los Angeles County have not had all the shots recommended to protect them from serious preventable diseases. (2004 National Immunization Survey, CDC)
- ✓ Only 50% of African American children who started kindergarten in California in 2004-2005 had all the shots needed when they were two years old, versus 72% of Hispanic children and 75% of white children. (2005 Kindergarten Retrospective Study, CA DHS).

### Do your children have all their shots? It's never too late to vaccinate!

- ✓ Shots **PROTECT** your **CHILDREN** from diseases like measles, mumps, and whooping cough.
- ✓ Shots **PROTECT** your **FAMILY** and **COMMUNITY** by preventing disease from spreading between people.
- ✓ It's best for children to get their shots **ON-TIME** but if they fall behind, getting the shots late still **PROTECTS** them from serious diseases.

### Remember "Shots by Two"!



- Take your child to get their shots at **2, 4, 6, 12, 15, and 24 months**. If you miss these dates, take your kids to the doctor or clinic when you remember and they'll get them caught up.
- When you take your children to get shots, you protect them from serious diseases that can be prevented.

### TALK TO YOUR DOCTOR ABOUT SHOTS AT YOUR VISIT AND DON'T FORGET YOUR YELLOW CARD!

For information about **FREE** or **low-cost shots**, call 1-800-427-8700 or schedule an appointment with T.H.E. Clinic, our Immunize LA Kids Coalition partner, or another clinic listed in this brochure.

### Join the Immunize LA Kids African American Task Force!

The African American Task Force is a volunteer group that helps raise awareness about childhood immunizations (shots) in the African American community.

#### Goals

- To raise community awareness of the benefits of all children being fully up-to-date with recommended shots and bringing the yellow card (immunization record) to all doctor and clinic visits.
- To educate families and communities about childhood immunizations.
- To support other issues that improve the health and well-being of African American communities.

#### Meetings

We meet once every three months in South L.A. Each meeting includes an educational session on immunization, health care access and services, health education strategies, and/or other health related topics.

**For more information, contact Tamekia Mosley, Project Coordinator at [tmosley@slahp.org](mailto:tmosley@slahp.org) or 323-757-7244, extension 281.**

## Resources to Help You and Your Family Stay Healthy and Up-to-Date with Immunizations

### Health Services

Offer health services for your entire family.

#### **South Central Family Health Center**

323-908-4200

#### **St. John's Well Child and Family Center**

310-603-1332

#### **T.H.E (To Help Everyone) Clinic**

323-295-6571

#### **University Muslim Medical Association Community Clinic**

323-789-5610

#### **Watts Healthcare Corporation**

323-564-4331

#### **Free or Low Cost Shots 1-800-427-8700**

Provides referrals to a doctor or clinic that provides free or low-cost immunizations.

#### **Child Health and Disability Prevention Program 1-800-993-2437**

Provides free preventive health services to uninsured infants, children and teens.

#### **Women Alive 323-965-1564**

Offers women-focused HIV/AIDS classes, support groups, an information hotline, group counseling, and an HIV/AIDS library.

### Information and Referrals

#### **Information Line 211**

Call 2-1-1, 24 hours per day, 7 days per week, to learn about community programs in LA County.

### Childcare Services

#### **Charles R. Drew – Project Head Start**

310 605-0164

Provides services to help children get ready for school including parent and child classes, health care, and referrals to other programs.

### Drug Treatment Services and Support

#### **House of Uhuru**

323-568-5400

Provides drug treatment services including live-in treatment programs and outpatient treatment.

### Financial Assistance

#### **Department of Public and Social Services**

*South Central District Office 323-563-4403*

*Florence District Office 323-586-7218*

*Compton District Office 310-603-8411*

Offers temporary help finding jobs and cash aid to families with children under age 18 if they qualify.

#### **South Los Angeles Health Projects**

#### **Women, Infants and Children (WIC) Program (310) 661-3080**

Provides vouchers for healthy foods, nutrition education, health education, breastfeeding support, and referrals to health and social service providers. The program targets pregnant, postpartum and breastfeeding women, and infants and children under age 5.

*WIC is an Equal Opportunity Program*

### Shelter and Housing

#### **Los Angeles Family Housing Corporation**

323-264-1114

Provides shelter for families with children up to age 18 for up to 60 days, as well as referrals, support, job training, and medical services.

#### **Center for Children and Family Services**

626-795-7990

Provides child care, housing, nutrition programs, and job training in centers in Compton, Lynwood, Paramount, Carson, and South Gate.



**Is Your Child Behind on Shots?  
*It's Not Too Late to Vaccinate!***

**African American Task Force**

***Working to Support Healthier  
African American Families and  
Communities in South Los Angeles***

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